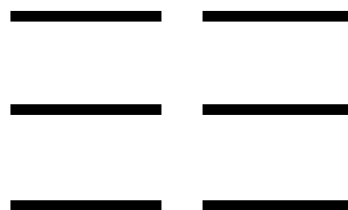


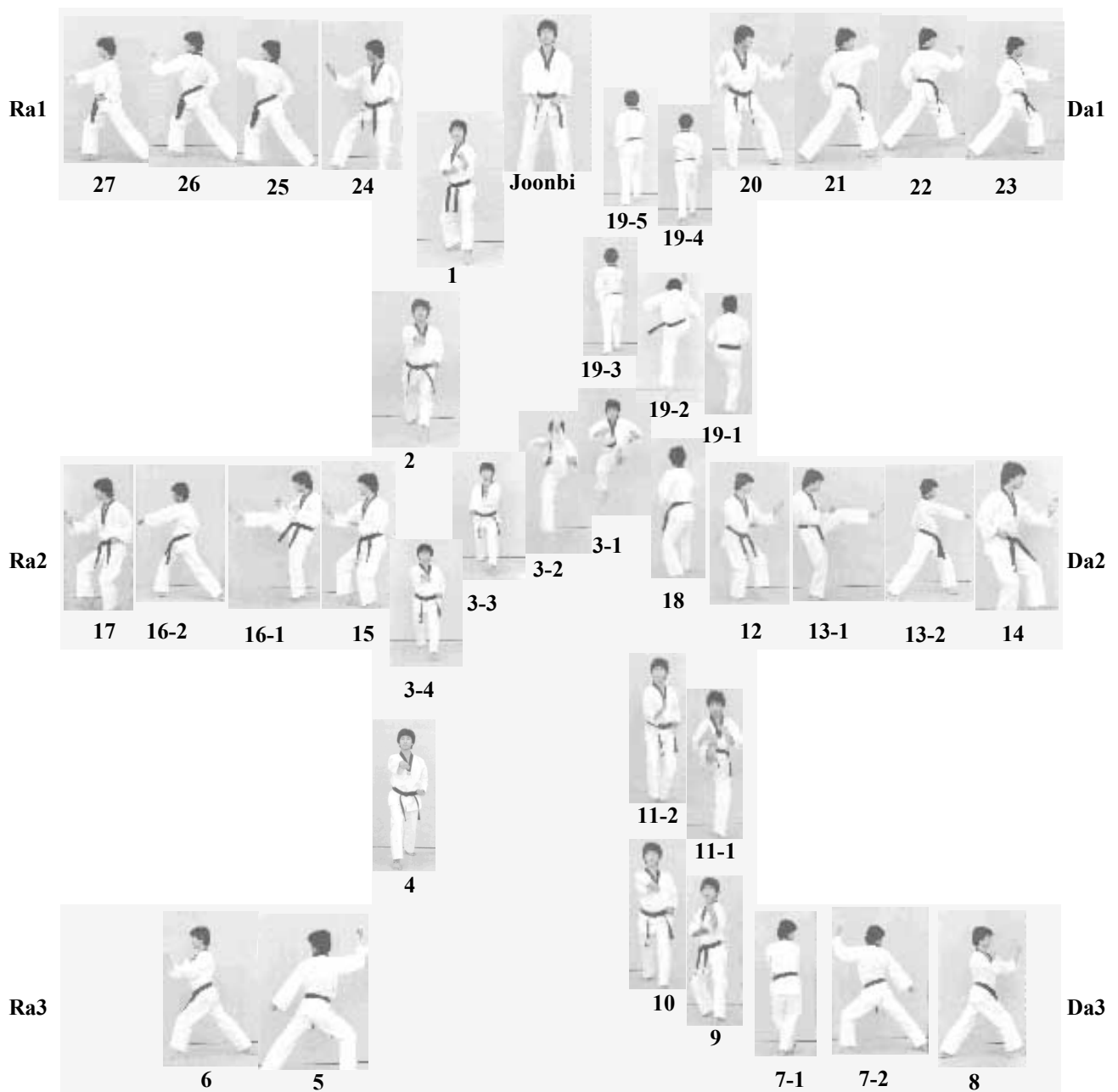
## TAEGEUK PAL (8.) JANG



Taeguk 8 jang symbolizes the "Kon", one of the 8 divination signs, which represents "Yin" and earth, meaning the root and settlement and also the beginning and the end. This is the last of the 8 Taeguk poomsaes, which may enable the trainees to undergo the Dan(back belt) promotion test. New movements are dubal dangsong bakkatpalmok momtong kodureo bakkat-makki, twio-chagi and palkup dollyochigi. Emphasis must be laid on the accuracy of stepping and the difference between jumping-over kick and dubal-dangsong(alternate jumping kick in the air). The 1st Kup-graders practice this poomsae.

# TAEGEUK PAL (8.) JANG'S POOMSE-LINE

Na



Side  
view



# TAEGEUK PAL (8.) JANG

|  | Order | Eye dir. | Positon | Stance           | Action                                                                                       | Name of Poom                                                           |  |
|--|-------|----------|---------|------------------|----------------------------------------------------------------------------------------------|------------------------------------------------------------------------|--|
|  | junbi | Ga       | Na      | naranhi-seogi    |                                                                                              | kibon junbi-seogi<br>(basic ready stance)                              |  |
|  | 1     | Ga       | Ga      | oreun dwitkubi   | L.F. put forth                                                                               | kodureo bakkat-makki                                                   |  |
|  | 2     | Ga       | Ga      | wen apkubi       | same position                                                                                | momtong baro-jireugi<br>(turunk right punch)                           |  |
|  | 3     | Ga       | Ga      | wen apkubi       | two feet dangsong<br>ap-chagi, $i^{\circ}$ kihap $i^{\pm}$ ,<br>foot forth,<br>momtong makki | momtong dubeon jireugi<br>(trunk double punch)                         |  |
|  | 4     | Ga       | Ga      | oreun apkubi     | R.F put forth                                                                                | momtong bandae-jireugi<br>(trunk opposite punch)                       |  |
|  | 5     | Ra3      | Ra3     | ditto            | turn L.F moved to<br>step down                                                               | wesanteul-makki<br>(single hand wide open blocking)                    |  |
|  | 6     | Ra3      | Ra3     | wen apkubi       | feet remain, weight<br>moved                                                                 | dangkyo teok-jireugi<br>(pull the jaws punch)                          |  |
|  | 7     | Da3      | Da3     | ditto            | L. F apkkoa-seogi<br>R.F put forth                                                           | wesanteul-makki<br>( single hand wide open blocking)                   |  |
|  | 8     | Da3      | Da3     | oreun apkubi     | feet remain, weight<br>moved                                                                 | dangkyo teok-jireugi<br>(pull the jaws blocking)                       |  |
|  | 9     | Ga       | Na      | oreun dwitkubi   | R.F moved to step<br>down                                                                    | sonnal momtong-makki<br>(hand blade trunk blocking)                    |  |
|  | 10    | Ga       | Na      | oreun apkubi     | feet remain                                                                                  | momtong baro-jireugi<br>(trunk right punch)                            |  |
|  | 11    | Ga       | Na      | oreun beom-seogi | R.F ap-chagi, foot<br>retrieved, L.F one<br>step backward                                    | batangson momtong-makki<br>(palm fist trunk blocking)                  |  |
|  | 12    | Da2      | Da2     | wen beom-seogi   | L.F moved, step                                                                              | sonnal momtong-makki<br>(hand blade trunk blocking)                    |  |
|  | 13    | Da2      | Da2     | wen apkubi       | L.F ap-chagi, forth                                                                          | momtong baro-jireugi<br>(trunk right punch)                            |  |
|  | 14    | Da2      | Da2     | wen beom-seogi   | L.F pulled                                                                                   | batangson momtong-makki<br>(palm fist trunk blocking)                  |  |
|  | 15    | Da2      | Da2     | oreun beom-seogi | change direction                                                                             | sonnal momtong-makki<br>(hand blade trunk blocking)                    |  |
|  | 16    | Ra2      | Ra2     | oreun apkubi     | R.F ap-chagi forth                                                                           | momtong baro-jireugi<br>(trunk right punch)                            |  |
|  | 17    | Ra2      | Ra2     | oreun beom-seogi | R.F pulled                                                                                   | batangson momtong-makki<br>(palm fist trunk blocking)                  |  |
|  | 18    | Na       | Na      | wen dwitkubi     | turn                                                                                         | kodureo arae-makki<br>(cutter-wrist-underneath blocking)               |  |
|  | 19    | Na       | Na      | oreun apkubi     | L.F ap-chagi, R.F<br>jump ap-chagi<br>$i^{\circ}$ Kihap $i^{\pm}$ , put forth                | momtong dubeon-jireugi<br>(trunk double punch)                         |  |
|  | 20    | Da1      | Da1     | oreun dwitkubi   | turn                                                                                         | hansonnal momtong yop-makki<br>(one hand blade trunk side<br>blocking) |  |

|        |    |     |     |               |                                 |                                                                        |  |
|--------|----|-----|-----|---------------|---------------------------------|------------------------------------------------------------------------|--|
|        | 21 | Da1 | Da1 | wen apkubi    | R.F remains L.F<br>pushed forth | oreunpalkup dollyo-chigi<br>(right elbow turning hitting)              |  |
|        | 22 | Da1 | Da1 | wen apkubi    | same position,<br>stance        | deungjumeok bandae-jireugi<br>(trunk opposite punch)                   |  |
|        | 23 | Da1 | Da1 | wen apkubi    | ditto                           | momtong bandae-jireugi<br>(trunk opposite punch)                       |  |
|        | 24 | Ra1 | Ra1 | wen dwitkubi  | change direction                | hansonnal momtong yop-makki<br>(one hand blade trunk side<br>blocking) |  |
|        | 25 | Ra1 | Ra1 | oreun apkubi  | L.F remains R.F<br>pushed forth | wenpalkup dollyo-chigi<br>(left elbow turing hitting)                  |  |
|        | 26 | Ra1 | Ra1 | ditto         | same position,<br>stance        | deungjumeok ap-chigi<br>(back fist front hitting)                      |  |
|        | 27 | Ra1 | Ra1 | ditto         | ditto                           | momtong bandae-jireugi<br>(trunk opposite punch)                       |  |
| keuman |    | Ga  | Na  | naranhi seogi | L.F pulled                      | kibon junbi-seogi<br>(basic ready stance)                              |  |